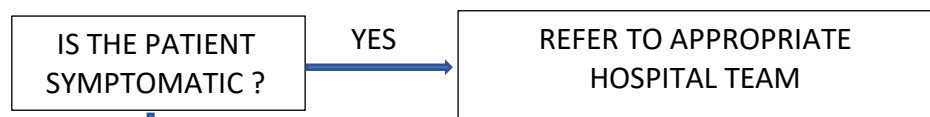


Family History of Colorectal Cancer Referral Guideline



NO ↓

Take a careful family history:

1. Number and age of First Degree Relatives (FDRs) with CRC
2. Number of FDRs with HRC
3. Number of Second Degree Relatives (SDRs) with CRC
4. Number of SDRs with HRC

LOW RISK:

- 1 FDR with CRC >50 and no SDR with CRC or HRC
- Any more distant history

LOW-MODERATE RISK:

- 1 FDR with CRC <50 (gene negative)
- 2 FDR with CRC with average age >60
- 1 FDR with CRC >50 + SDR HRC

HIGH-MOD RISK:

- 1 FDR with CRC aged ≤ 45
- 2 FDR with CRC with average age ≤ 60
- 2 FDR with CRC + 1 FDR with HCR
- 2 FDR with CRC + 1 SDR with CRC or HRC
- 1 FDR with CRC and 2 SDR with CRC
- 1 FDR with CRC and 2 SDR with HRC

HIGH RISK:

- 3 FDR CRC(or 1HRC), 1 <50, 2 generations
- Gene Positive

INEVITABLE:

- FAP suspected

Information to remember when taking a family history:

All relatives must be on same side of family and be blood relatives of the consultee and of each other.

First-degree relatives (FDRs): mother, father, daughter, son, sister, brother

Second-degree relatives (SDRs): grandparent, grandchild, aunt, uncle, niece, nephew, half sister, half brother. Third-degree relatives: great grandparent, great grandchild, great aunt, great uncle, first cousin, grand nephew, grand niece.

Other High Risk Cancers (HRC) endometrial cancer, ovarian cancer, stomach cancer, hepatocellular cancer, cholangiocarcinoma, TCC of renal pelvis or ureter, small bowel cancer. Also consider a relative with history of multiple polyps under screening as a potential cancer case as more and more patients who might have developed cancer are now being picked up on screening program

Less than 1 in 12 risk - Join National Screening program

Risk 1 in 12

- Refer to FAMILY CANCER CLINIC
- One off colonoscopy 55 if gene neg

Risk 1 in 6-10

- Refer to FAMILY CANCER CLINIC
- 5 yearly colonoscopy from 45 if gene neg

Risk 1 in 2-6

- Refer to FAMILY CANCER CLINIC
- 18 -24 monthly colonoscopy from 25
- TVUS uterus and ovaries from 30 or TAHBSO

Risk 1 in 1

- Refer to FAMILY CANCER CLINIC
- COLECTOMY